

2018 is a bumper year
for kinship and
foster carer training!

training

Carer KaFÉ, the Victorian government's learning and development strategy for kinship and foster carers, is bringing a variety of training options to carers across the State.

Visit
www.carerkafe.org.au
to register for a session
near you, follow us on
Facebook @carerkafe
for the latest
announcements...

send us an email at
carerkafe@fcav.org.au
or give us a call on
[03] 9416 4292 for
more information.



Carer KaFÉ acknowledges Traditional Owners of Country throughout Victoria and recognises their continuing connection to lands, waters and communities. We pay our respect to Aboriginal and Torres Strait Islander cultures; and to Elders both past and present.



CARER KAFÉ TRAINING CALENDAR

Mental Health

**Australian Childhood
Trauma Group**

Mental illness will affect most of us at some point in our life, either directly or indirectly. This session will introduce the symptoms, causes and treatments of mental illnesses.

6 March – Sunshine
22 March – Ballarat

Nikara's Journey

VACCA

Discover how to advocate for Aboriginal children in your care through this two-day training program for non-Aboriginal carers.

7–8 March – Mildura
15–16 March – Shepparton
22–23 March – Bendigo
12–13 April – Ballarat
5–6 June – Sunshine

Understanding and responding to adolescent drug and alcohol use

YSAS

This session is for carers of young people who are using alcohol or other drugs and will allow you to gain insight into the attraction, use and effect of drug and alcohol use in young people.

7 March – Ringwood
10 May – Ballarat
18 May – Bendigo

Bringing up great kids in kinship

Australian Childhood Foundation

Join fellow kinship carers over four sessions to reflect, gain skills and feel more confident in your caring role.

8, 15, 29 March and 5 April
(4 week course) – Wangaratta
5, 12, 19, 26 June
(4 week course) – Mitcham

Family violence: the real impact on children

Children's Protection Society

This half-day session focuses on the experience of family violence and how it impacts children and young people's development and behaviour.

8 March – Preston
22 March – Frankston
19 April – Wodonga
24 May – Horsham



Thinking Mind, Reptilian Brain

Australian Childhood Trauma Group

This workshop explores the importance of staying present in your thinking mind when the children you care for are struggling to do so.

8 March – Frankston
19 June – Footscray

Kinship Carers Learning Circles

Kinship Carers Victoria

Come and find out about support you can access while meeting other kinship carers and professionals who are able to assist you.

14, 21, 28 March
[3 week course] – Wangaratta

Meeting the challenge of caring: building your own resilience

Berry Street

This training will help you understand the safe caring approach and how to implement it without impacting on the family atmosphere you want to create.

14 March – Warrnambool
21 March – Dandenong
27 March – Mildura
15 May – Seymour
19 May – Clayton
29 May – Sunshine

YMCA Kinship care camps

YMCA

Come along to a three-day residential camp designed for kinship carers and your children and young people.

16–18 March – Bacchus Marsh
20–22 April – Anglesea
8–10 June – Mt Evelyn

Caring for kids who have been sexually abused or have sexual behaviour

Gatehouse Centre,
Royal Children's Hospital

Join other carers at this half-day session focused on caring for children and young people who have been sexually abused or have sexual behaviour problems.

17 March – Kilsyth

Being heard: communication in the foster care system

Berry Street

This training will help you to be an effective advocate for yourself and those in your care.

20 March – Shepparton
22 March – Kilsyth
28 March – Mildura
4 May – Geelong
27 June – Kilsyth

Young people and technology

SECASA

A broad introduction to the issues surrounding young people's use of technology including the internet and social media and risks of sexual exploitation or assault.

20 March – Ringwood
18 May – Mildura

I Care 2

Berry Street

This interactive session invites the sons and daughters of carers to take part, allowing these key members of the carer family to explore their questions and concerns, as well as connect with others in carer families.

5–6 April – Bendigo
10–11 April – Kilsyth
14–15 April – Mildura
5 and 12 May – Geelong
26–27 May – Eaglemont



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Looking through the windows: understanding children and young people with autism

Lancaster Consulting

This highly interactive workshop provides insight into how people with an Autism Spectrum Disorder understand and interact with their world.

18, 19 April and 16 May
(3 week course) – Sunshine

Safe for our kids

SNAICC

Using trauma-informed strategies, this training will help you to promote healing and healthy attachments in the young people in your care.

19–20 April – Preston
23–24 April – Shepparton

Cyber safety basics for carers

OzChild Foster Care

Modern technology is a part of everyday life, along with its opportunities and risks. This session will equip you with practical strategies based on OzChild's Cyber Safety manual which is aimed directly at kinship and foster carers.

21 April – Clayton

Walking and working together

SNAICC

This training will help you understand the cultural context of your caring role, as well as providing practical methods to engage with those you care for.

3 May – Preston

Advanced carers, enhanced care

Australian Childhood Foundation

This series of three sessions, with short webinars in between to strengthen your learning, provides a great opportunity to explore key behaviour and development topics in depth.

2, 16 and 30 May –
Wangaratta/Wodonga
7, 14 and 21 May
– Footscray
24 May, 7 June and 21 June
– Morwell

Richard Rose and Andrew McCausland: therapeutic parenting with the challenging child

Berry Street

Richard Rose is a leading expert from the UK who has worked for many years with 'hard to reach' children and young people and developed innovative and creative ways of working. Come along to this one-off session learn how to help those in care achieve their full potential.

8 May – Richmond

Sexuality and gender: an introduction for carers

Minus18

This session will equip you with the tools needed to understand and practically support young people's relationships, sexuality and gender identity.

9 May – Dandenong
16 June – Kilsyth

Raising Expectations

The Centre for Excellence in Child and Family Welfare

This workshop gives kinship and foster carers practical strategies to encourage positive engagement to support young people in their learning.

21 June – Frankston
27 June – Wodonga

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